

PALAMÓS

TRIAS

HOTEL · RESTAURANT

RESTAURANT

VOL 1 / N°1



 ANDILANA RESTAURANTES

The old

CLASSICS

are back

GRILLED SHRIMP FROM PALAMÓS

TO SHARE

MUSSELS A LA MARINERA OR STEAMED	9.45	FRIED EGGS BROKEN ON CHIPS WITH IBERICO HAM	11.45
TRIAS PATATAS BRAVAS	5.85	GRILLED RAZOR CLAMS	14.50
IBERICO HAM CROQUETTES (PRICE PER UNIT)	2.25	GRILLED CLAMS	15.55
★ OX-TAIL CROQUETTES (PRICE PER UNIT)	2.80	GRILLED SCALLOPS (PRICE PER UNIT)	2.75
ANDALUSIAN-STYLE BREADED CALAMARI WITH LIME SALT	9.25	GRILLED SHRIMP FROM PALAMÓS	S.M.
TAPA OF GALICIAN-STYLE OCTOPUS	13.95	PALAMÓS LANGOUSTINES SAUTÉED WITH GREEN GARLIC	S.M.
L'ESCALA ANCHOVIES WITH TOMATO-RUBBED COCA BREAD	10.15	IBERICO HAM WITH TOMATO-RUBBED COCA BREAD	14.20
YOU CAN ALSO ORDER ANCHOVIES INDIVIDUALLY	3.30	★ TWICE-COOKED ARTICHOKES WITH YOLK AND HAM SHAVINGS	7.05
		TOMATO-RUBBED COCA BREAD	2.30

STARTERS

TRADITIONAL ANDALUSIAN GAZPACHO 🌿 (SEASONAL)	6.50
GREEN SALAD WITH BOILED EGG AND TUNA IN OIL	6.05
PRAWN SALAD WITH AVOCADO CREMEUX AND RECUIT CHEESE	8.25
SPINACH SALAD WITH WARM GOAT CHEESE, SWEET TOMATO VINAIGRETTE AND TOASTED PINE NUTS	7.75
COD <i>ESQUEIXADA</i> WITH FRESHLY GRATED TOMATOES, KALAMATA OLIVES AND FIGUERES ONION	7.50
TRUFFLED BEEF CARPACCIO WITH PARMESAN AND ROCKET	9.40
GRILLED VEGETABLES WITH ROMESCO AND TARTARE SAUCES	8.05
FISH SOUP WITH TOAST ROUNDS AND ROUILLE	8.10

WHOLE FISH FROM THE PALAMÓS DOCKS

ORDER AHEAD

ASSORTED FISH CHARGILLED

ROASTED RED SCORPIONFISH

SALT-ROASTED WILD GILT-HEAD BREAM

ROASTED WILD SEA BASS

GRILLED WILD TURBOT

WILD MONKFISH WITH CLAMS

GRILLED LOBSTER

P.S.M.

THE TRIAS RICE DISHES



CREAMY LOBSTER RICE
(MINIMUM TWO SERVINGS, PRICE PER SERVING)

26.35

BLACK RICE WITH CUTTLEFISH **14.20**
AND LIGHT AIOLI

BLACK RICE WITH CUTTLEFISH, SCALLOPS **16.70**
AND LIGHT AIOLI

TRIAS FIDEUÀ **11.70**

★ **MARÍA TRIAS FISH PAELLA** **15.50**

PALAMÓS MEAT AND FISH PAELLA **13.75**



PERFECT PAIRING

ESTRELLA DAMM	3.25
VOLL DAMM	3.65
TURIA	3.85
FREE DAMM	3.45
CAÑA	2.25
COPA	2.95
1/2 LITRO	4.95

TURF

CHICKEN WITH MORELS **11.15**

TRIAS BURGER **10.10**
(BURGER, BACON, CARAMELISED ONION
AND CHEDDAR CHEESE)

SPICY BEEF TARTARE **12.10**
WITH WHOLE-GRAIN MUSTARD ICE CREAM
AND THIN CRACKERS

ROASTED DUCK MAGRET **13.95**
WITH ORANGE SAUCE AND MASH

★ **IBERICO PORK** **17.25**
WITH ROASTED SWEET POTATOES AND
HOUSEMADE CHIMICHURRI

DUCK CONFIT **15.55**
WITH CINNAMON POTATOES, TOASTED SWEETCORN
AND SWEET-WINE DEMI-GLACE

TRIAS CANNELLONI **10.15**

ROAST CHICKEN WITH LANGOUSTINES **11.15**
AND BROWN-BUTTER POTATOES

RED-WINE OXTAIL RAVIOLO **9.10**
WITH SILKY MASH AND DEMI-GLACE

SLOW-COOKED SHOULDER OF LAMB **24.95**
WITH FRIED SLICED POTATOES

AGED ENTRECÔTE **19.95**
WITH CHIPS AND PADRÓN PEPPERS

GRILLED SIRLOIN STEAK **22.35**

SURF

GRILLED CALAMARI GLAZED **14.20**
WITH GREEN-GARLIC OIL AND TAPENADE

BABY OCTOPUS COOKED IN ONION **12.15**
WITH A HINT OF SPICE, CRUSHED POTATOES,
AIOLI AND CRUNCHY ONION

TUNA TATAKI **16.25**
WITH FRESH SEAWEED SALAD AND FRESH MANGO

COD CANNELLONI **10.15**
WITH HOUSEMADE TOMATO SOFRITO WITH BASIL,
PINE NUTS AND PARMESAN

★ **COD AU GRATIN WITH LIGHT AIOLI** **16.25**
AND TOMATO-BASIL JAM

BAKED GILT-HEAD BREEM **14.85**
WITH POTATOES, ONION AND TOMATOES

GRILLED MONKFISH WITH VEGETABLES **23.35**

GRILLED TURBOT WITH VEGETABLES **26.95**

MONKFISH SUQUET WITH POTATOES **17.50**

OUR HOUSEMADE DESSERTS

A FAVOURITE WITH OUR MOST LOYAL DINERS



TIM BAON 5.25

(NOUGAT ICE CREAM WITH CATALAN CREAM
AND CHOCOLATE SAUCE)

GREEK-YOGHURT SPONGE, RASPBERRY SORBET AND CONFIT RED BERRIES	4.95
CATALAN CREAM	4.95
CREAMY WHITE-CHOCOLATE CAKE WITH MANGO AND PASSION FRUIT CHUTNEY	5.25
★ FRESH CREAM PROFITEROLES WITH WARM CHOCOLATE SAUCE	4.95
CHEESECAKE MADE BY JULIÁN	5.25
RECUIT FONTETA CHEESE WITH ROSEMARY HONEY	4.95
HOTEL TRIAS SOUFFLÉ (MÍNIMUM TWO SERVINGS, PRICE PER SERVING)	5.25
FRESH PINEAPPLE CARPACCIO WITH VANILLA ICE CREAM AND CARAMEL COULIS	4.95
HOUSEMADE TARTE TATIN WITH FRESHLY WHIPPED CREAM	4.95
HAZELNUT COULANT WITH DARK-CHOCOLATE ICE CREAM AND CHOCOLATE SAUCE	5.25
TRUFFLES WITH CREAM	4.55
TRIO OF CITRUS SORBETS 🌿	4.35
ICE CREAM FROM OUR CREAMERY PLEASE, ASK OUR STAFF	3.95

VAT INCLUDED

PLEASE LET OUR STAFF KNOW IF YOU HAVE ANY FOOD ALLERGIES OR SPECIAL DIETARY NEEDS.

**CAN YOU TELL US ABOUT
YOUR EXPERIENCE?**

We would love to hear it!



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You can't miss Maria Trias'

PAELLA

WITH EXQUISITE FRESH FISH